

Updated March 2, 2022

# STOP

## Do not enter if you have:

- fever and/or chills
- cough or barking cough (croup)
- shortness of breath
- decrease or loss of smell or taste

## Two or more of:

- fatigue
- muscle aches/joint pain
- nausea/vomiting, and/or diarrhea
- sore throat
- runny or stuffy/congested nose
- headache

## Do not enter if:

- You live with someone who is currently isolating because of a positive COVID-19 test
- You live with someone who is currently isolating because of COVID-19 symptoms
- You live with someone who is waiting for COVID-19 test results
- In the last 10 days, you have you been identified as a “close contact” of someone who currently has COVID-19 AND you are not fully vaccinated or you are immune compromised

## What to do:

If you answered yes to any of these questions please self-isolate immediately and visit [covid-19.ontario.ca/self-assessment/](https://covid-19.ontario.ca/self-assessment/) for further guidance.