How to Safely Wear a Face Covering

Before putting on the mask, wash your hands, and secure hair away from your face.

Place the mask snugly over your mouth and nose, making sure there are no gaps.

Avoid touching your face and mask while using it. Do not leave the mask on your neck, forehead, or hanging from your ear.

Change your mask as soon as it gets damp or soiled.

Remove the mask without touching the outside of the mask.

Wash your hands and clean any surfaces that the dirty mask touches.

Remember

Throw disposable face coverings out into a lined garbage bin.

Do not share your face coverings with others.

Launder reusable face coverings frequently.

Do not leave any discarded face coverings in shopping carts or on the ground.

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