

Pfizer-BioNTech COVID-19 Vaccine After Care

For Children 5 to 11 Years of Age



What should my child do right after getting the vaccine?

- Wait with your child at least 15 minutes in the clinic after getting your vaccine. A longer wait time of 30 minutes may be recommended if there is a concern about a possible allergy.
- Speak to the clinic staff if your child feels unwell while waiting.



What should my child expect in the next few days?

Like most medications and other vaccines, the COVID-19 vaccine can cause side effects. Not everyone will experience side effects and if your child does most of the side effects are minor and do not last long.

Common side effects

Pfizer-BioNTech vaccines.



Pain, redness, or swelling where the needle was given



Tiredness



Headache



Muscle pain



Joint pain



Mild fever



Chills

Another common side effect of Pfizer-BioNTech vaccine is diarrhea.

Serious side effects

Myocarditis and Pericarditis

Rare cases of myocarditis (inflammation of the heart muscle) and pericarditis (inflammation of the lining around the heart) have been reported following vaccination with mRNA COVID-19 vaccines in Canada and internationally among individuals aged 12 years and older who received the 30mcg formulation of the Pfizer-BioNTech COVID-19 vaccine.

Classic myocarditis is less common in younger children in the 5 to 11-year range. It is unknown if and/or to what extent myocarditis or pericarditis will occur after lower doses of mRNA vaccinations in 5- to 11-year-old children. Myocarditis can also occur as a complication of a SARS-CoV-2 infection; however, very rarely in children.

Serious side effects of COVID-19 vaccines are rare. These may include hives, swelling of the face or mouth, trouble breathing, very pale colour and serious drowsiness, high fever (over 40 °C), convulsions or seizures, or other serious symptoms (e.g., ‘pins and needles’ or numbness).

If your child develops any of these serious side effects also known as an adverse event* contact their health care provider or call 911 if seriously unwell.

* An adverse event following immunization (AEFI) is an unwanted or unexpected change in health that happens after someone receives a vaccine. Health care providers and hospital staff report these adverse events to public health. Public health investigates AEFIs and provide support to individuals, families, and clinic staff.



When should my child return for their second dose of vaccine?

- Make an appointment for your child or follow the instructions of the clinic staff to ensure they receive their second dose at the right time.
- To get the best protection against COVID-19 it is very important your child receives their second dose on time even if they experienced side effects after the first dose.
- If they experienced side effects after their first dose, please tell the clinic staff before they receive their second dose.

Appointment Date and Time for Second Dose:



What should my child do now that they have been vaccinated?

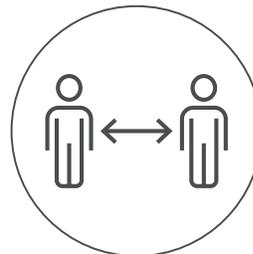
- Continue to follow public health measures:



**Wash
your hands**



**Wear
a mask**



**Stay at least 2 metres
away from others outside
of your household**

- Keep this sheet (or other immunization record) and your printed COVID-19 vaccination record with you for your child’s second dose of vaccine.