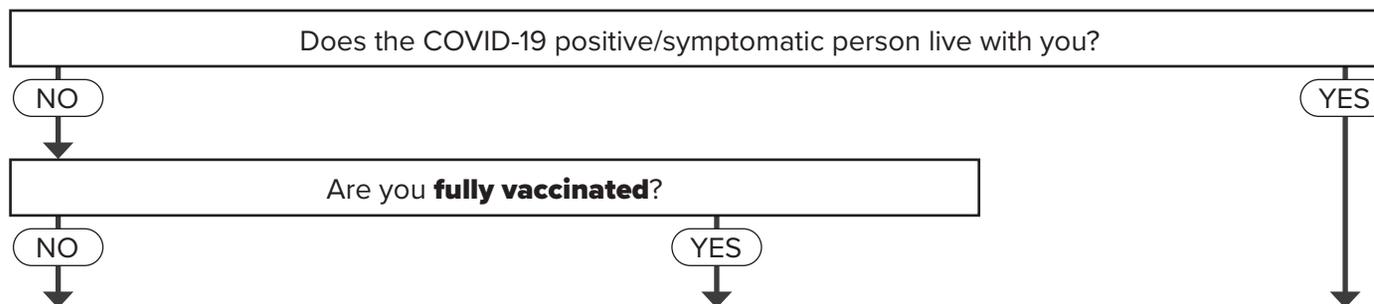


You've been identified as a **close contact** of someone who has tested positive for COVID-19 or someone with COVID-19 symptoms. Now what?

This guidance does not apply to individuals who live, work, volunteer or are admitted in a highest risk setting (hospitals, LongTerm Care, retirement homes, congregate living settings)



- **Self-isolate** immediately for at least **10 days** (or **5 days** if under 12 years old) following your last exposure and until your symptoms have been improving for at least 24 hours (48 hours if gastrointestinal symptoms), whichever is longer.
- If you are eligible for testing, get tested and follow the guidance for cases.

- **Self-monitor** for symptoms for 10 days.**
- If you are immunocompromised you should selfisolate for at least 10 days from your last exposure and until you have no fever and other symptoms are improving for 24 hours (or 48 hours for gastrointestinal symptoms).
- Report your exposure to your employer and follow any work restrictions.
- If you develop **symptoms, self-isolate** immediately for at least 5 days from symptom onset and until you have no fever and other symptoms are improving for 24 hours (or 48 hours for gastrointestinal symptoms). Get tested if eligible and follow the guidance for cases.

- **Self-isolate** for the same amount of time as the positive/symptomatic person.**
- If you develop **symptoms** continue to self-isolate and get tested if you are eligible. Follow the **guidance for cases**.
- If anyone else in the household develops symptoms then all other asymptomatic household contacts should extend their self-isolation until the newly symptomatic person has finished their self-isolation period.

Wear a well-fitted mask in public, physical distance and maintain other public health measures for 10 days following your last exposure if leaving home. You should **NOT visit any highest risk settings* or individuals who may be at higher risk of illness (i.e. seniors or immunocompromised) for 10 days from your last exposure.