Personal Protective Equipment and Isolation Requirements
IPAC Top 4

1. Hand hygiene
2. Respiratory hygiene
3. Personal Protective Equipment (PPE)
4. Clean and disinfect equipment and surfaces
Hand Rub or Wash?

- Use alcohol-based hand rub (ABHR) unless your hands are visibly soiled
  - Need 3 mL to cover 90% of palms, dorsum, and fingertips¹
  - Rub until alcohol evaporates

- ABHR is less irritating to skin than washing
  - Emollient feels sticky
  - Don’t use both together routinely

- Lather or rub for at least 15 seconds

Lather Everywhere!

Back  Front  Fingertips  Thumbs  Nails
Respiratory Hygiene
DROPLET CONTACT PRECAUTIONS
IN ADDITION TO ROUTINE PRACTICES

Wear mask and eye protection within 2 metres of patient

- Wear gloves
- Wear long-sleeved gown
- Patient must wear a mask if they leave the room
- Dedicate equipment to patient or disinfect before use with another

PPE for Primary Care Settings
Procedure Mask or N95?

Ontario Ministry of Health
  • For clinical examinations and testing, must have capacity to use N95 respirators and cleaning procedures

PHAC
  • Surgical/procedural mask and eye protection
  • N95 respirator plus eye protection for AGMPs

WHO
  • HCWs wear medical mask in any situation of care

Urgent PPE supply shortages, emailEOCLogistics.MOH@Ontario.ca
Doffing PPE

Clean and Disinfect Equipment and Surfaces

- Know who is responsible for cleaning what
- Use a health care grade cleaner and disinfectant
- No special products needed for COVID-19
- Regular waste stream
Know your Products

- Does it have a DIN for health care?
- What’s the active ingredient?
- Is it expired?
- Does it clean *and* disinfect?
- **What’s the contact time?**
Search by Drug Identification Number

Drug Identification number (DIN):

02283336
For Use in Hospitals or Health Care Facilities
Find Answers for IPAC Questions

Public Health Ontario | Santé publique Ontario

Government of Canada | Gouvernement du Canada

World Health Organization

KFL&A Public Health

CDC

Centers for Disease Control and Prevention