



# Nails and Aesthetic Services

## COVID-19 Prevention Checklist

When providing nail and aesthetic services, staff and clients can be in close contact. This is a summary checklist of required measures to reduce the spread of COVID-19. Please review the **KFL&A Public Health COVID-19 Guidelines for Personal Service Settings** for more information on how to keep your employees and clients safe. Please note the requirements under the **Ontario Personal Service Settings Regulation 136/18** still apply.

### Staff health and screening

- Staff are advised to report illness to their supervisor or manager and to stay home if sick.
- Staff are screened with the **COVID-19 Patient Screening Guidance Document** (PDF) from the Ministry of Health for COVID-19 symptoms before starting each shift.
- Staff are advised to go home right away and self-isolate if they become ill during a shift. **COVID-19 How to Self-Isolate** (PDF). Staff are advised to call Telehealth Ontario or their health care provider for guidance to get tested.
- Staff are trained on the proper use of personal protective equipment (PPE), including putting on and taking off gloves, masks or face coverings, face shields or goggles, and gowns, if worn.
- Staff are required to use a mask or face covering when providing services.
- Eye protection (face shield or goggles) should be worn by staff as needed.
- Personal protective equipment such as gloves, masks, and eye protection (face shield or goggles) are always available on-site for staff to use as needed.
- Re-usable face shields or goggles are to be cleaned and disinfected between each use.
- Staff are trained on proper hand hygiene techniques and respiratory etiquette. **Cover Your Coughs and Sneezes** (PDF)

## Signage at the premises

- Signage for COVID-19 health assessment and the number of clients permitted at one time is posted at the entrance of the premises.  
**STOP - Do not enter** (PDF)
- Clients with **COVID-19 symptoms** or who have been in contact with someone with COVID-19 are not permitted to enter the premises.
- Signage for hand washing and respiratory etiquette is posted at the entrance and throughout the premises.  
**Correct Hand Washing Procedures** (PDF)  
**Cover Your Coughs and Sneezes** (PDF)
- Floor stickers and physical distancing signage are available in high visibility areas to remind clients to keep 2 metres (6 feet) apart from others at all times.  
**Keep 2 metres away from others** (PDF)

## Number of people in the premises

- The number of staff and clients is restricted to ensure ease of movement and to maintain 2 metres (6 feet) between people.
- Flexible work schedules and staggered lunch and break times are implemented to limit the number of people in the premises at one time.

## Scheduling appointments

- Clients are required to use a mask or face covering for the duration of their appointments.
- Clients are informed that services on the face are not permitted. This includes facials, facial hair grooming (e.g., waxing, threading), eyebrow grooming, makeup, microblading, microneedling, and microdermabrasion to the face.
- Consider restricting walk-ins by scheduling client appointments by phone or online. Walk-in clients should be asked to call from outside the premises to make an appointment and should be screened as per screening guidance.
- Waiting areas inside your business should be closed and not available to the public. Clients are instructed to wait outside of the premises until their scheduled appointment.
- Clients are screened for symptoms of COVID-19 by staff when booking appointments. Clients are not permitted to bring guests, including children, unless they also have an appointment.
- It is required that records of staff and client contact information (e.g., full name, telephone, or e-mail), including date and time at premises, are maintained on-site for contact tracing purposes, should the need arise.
- Ensure that there is enough time between appointments to ensure thorough cleaning and disinfection of equipment and workstations between clients.

## Workstations

- Workstations and equipment in use are 2 metres (6 feet) apart or equipped with barriers or dividers that are adequate in height to ensure the protection between clients and staff.
- Alcohol-based hand sanitizer (ABHR) with a minimum of 70% alcohol concentration is available at each workstation, and staff and clients are encouraged to use it frequently.
- Magazines, brochures, decor, and other unnecessary items are removed.
- Workstations have their own products and tools and are not shared between staff.
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## Providing services

- A mask or face covering is required to be used by staff and clients.
- Services on the face are not permitted.
- Premises may provide disposable masks for clients who have not brought their own or offer masks or face coverings for purchase.
- Face-to-face contact with clients is limited as much as possible.
- Gloves are changed and discarded immediately, and hands are cleaned when a task is changed (e.g., from manicures to aesthetic services) after every client, or more often as necessary.
- Single-use items (i.e., towels) are discarded or laundered immediately after each client as appropriate.
- Client food or beverages are not permitted.
- Credit or debit or e-transfers with no signature transactions are preferred. Barriers or dividers are used when the 2 metres (6 feet) distance cannot be maintained. ABHR is used before and after each cash transaction.

## Manicures and pedicures

- Clients are required to wash their hands or use ABHR before a manicure.
- Clients are not permitted to touch or handle retail supplies, such as nail polish when selecting colours.
- Services that tend to the face are not permitted. This includes facials, facial hair grooming (e.g., waxing, threading), eyebrow grooming, makeup, microblading, microneedling, and microdermabrasion to the face.
- Nail dryers are thoroughly cleaned and disinfected between each client, ensuring appropriate contact time of the disinfectant.

## Aesthetics

- Client is required to wear a mask or face covering during the entirety of all aesthetic services.
- Aesthetic services on the face are not permitted.
- Regulated health professionals who provide cosmetic injectables must also comply with the Ontario COVID-19 Operational Requirements: Health Sector Restart, **Directive #2**.

## Environmental cleaning and disinfection

- Work surfaces and equipment are thoroughly cleaned with soap and water before disinfection.
- Surface and equipment disinfectants are used after cleaning, and according to the manufacturer's instructions.
- Cleaning or disinfection wipes are only used for surfaces and used according to the manufacturer's instructions.
- Barriers and dividers must be protective and stable enough to be easily cleaned and disinfected.
- Disposable covers must be discarded immediately after use. Chairs, headrest, armrests, squeeze bottles, must be cleaned and disinfected between clients.
- Frequent and thorough environmental cleaning and disinfection is maintained. High touch surfaces such as phones, computers, pens, cash registers, credit card machines, and door handles should be cleaned and disinfected twice daily or more often as necessary.
- Washroom surfaces are cleaned and disinfected twice daily or as often as necessary.

Operators who need support finding personal protective equipment can contact the provincial government for further information at <https://covid-19.ontario.ca/how-your-organization-can-help-fight-coronavirus> or 1-888-777-0554. For more information, visit our website at [kflaph.ca/Coronavirus](http://kflaph.ca/Coronavirus).

This resource was adapted from Toronto Public Health.