2019 Novel Coronavirus (COVID-19)
What you need to know to help you and your family stay healthy

Wash your hands with soap and water thoroughly and often.

Cough and sneeze into your sleeve or a tissue. Dispose of tissue immediately and wash your hands.

Keep surfaces clean and disinfected.

Stay home when you are sick.

If you have symptoms, call Telehealth Ontario at:
1-866-797-0000
TTY: 1-866-797-0007
Or contact your public health unit.

For more information, visit Ontario.ca/coronavirus

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